

[First name(s)] [Last name(s)]

[TRAINING COURSE / "Outdoor Education and Emotional Well-Being"]

[DD/MM/YYYY – DD/MM/YYYY]

STATUS AT THE SENDING ORGANISATION (LEARNING PROGRAMME OR JOB TITLE)

Replace with text

HOST ORGANISATION(S)

EVOLEARN360

HOST COUNTRY AND CITY

Replace with text

HOST EMAIL / PHONE

erasmus@evolearn360.com /
+34 623590498

FIELD

Choose an item.

MODE

Choose an item.

Learning outcomes

[Section applicability: Pre-mobility and post-mobility: obligatory to choose between options A, B, C or a combination of them.

Remove lines that are not needed.]

[OPTION A] EUROPEAN KEY COMPETENCE FRAMEWORK FOR LIFELONG LEARNING

MULTILINGUAL COMPETENCE

Our training course fosters multilingual competence, which entails the use of different languages, primarily French and, secondarily, English. This competence involves recognizing and respecting individual linguistic profiles and leveraging personal experiences to develop strategies for mediation and transfer between languages. It also integrates historical and intercultural dimensions aimed at understanding, valuing, and respecting the linguistic and cultural diversity of society, with the goal of promoting democratic coexistence.

DIGITAL COMPETENCE

Our course develops digital competence, which entails the safe, healthy, sustainable, critical, and responsible use of—and interaction with—digital technologies for learning, work, and societal participation. It encompasses information and data literacy, communication and collaboration, media literacy, digital content creation (primarily using AI), security, digital citizenship issues, privacy, intellectual property, problem-solving, and computational and critical thinking.

PERSONAL, SOCIAL, LEARNING TO LEARN COMPETENCE

This competence entails the ability to reflect on oneself in order to achieve self-awareness, self-acceptance, and continuous personal growth; to manage time and information effectively; to collaborate constructively with others; to maintain resilience; and to manage one's own learning. It also includes the ability to cope with uncertainty and complexity, as well as to adapt to change.

CULTURAL AWARENESS AND EXPRESSION COMPETENCE

Competence in cultural awareness and expression entails understanding and respecting how ideas, opinions, feelings, and emotions are creatively expressed and communicated across different cultures. It also involves a commitment to understanding, developing, and expressing one's own ideas and sense of place or role in society. Furthermore, it requires an understanding of one's evolving identity and cultural heritage in a world characterized by diversity, as well as an awareness that other cultural expressions can represent a way of viewing and shaping the world.

Activities and tasks

Module 1 - Foundations and Contemporary Approaches to Outdoor Teaching

- Welcome and Introduction

Initial dynamics to connect the group, introduce the role of the "outdoor educator", and assess expectations.

- State of the Art

Review of the latest scientific findings and the effects of these pedagogical practices on learning development.

- Theory of Concentric Circles

Breaking the "classroom vs. wild forest" dichotomy. Understanding the environment as a continuum of learning: the biophilically designed classroom, the playground as a safe training ground, and the local neighborhood/park as an expansion area.

- Learning Ecosystem (Formal, Non-Formal and Informal) and Bloom's Taxonomy

How outdoor environments generate constant "problem-situations" ideal for transdisciplinary learning, along with strategies to raise the cognitive level of outdoor activities.

- The Concept of the "Null Curriculum"

Developing awareness regarding the impacts of educating solely within four walls.

- The Essential Synergy - Outdoor Teaching and Emotional Wellbeing

Identifying and managing teaching fears, while introducing tools from affective sciences to address topics such as weather, group management, and pressures from standardised education.

- Practical Workshop - Experiential Emotional Wellbeing Practice and Session Wrap-Up

Introduction of the first exercise to develop emotional intelligence and management skills, concluding with a group discussion and recap on the final project.

Module 2 - Moving From Expert to Facilitator: Driving Curiosity Through Eco-Social Pedagogy

- Emotional Management and Wellbeing Practice

Ongoing practical application of emotional regulation and self-care strategies.

- Nature as an Active Partner

Introduction to the framework of the "outdoor methodology expert", exploring the foundations of eco-social pedagogy, ecological empathy, and the teacher's

role as a learning partner who recognises the natural world as an active collaborator in teaching.

- Practical Workshop - Practical Laboratory Grouped by Educational Level

Presentation of session methodologies - "Forest School", "Nature Journals", "Wild Pedagogies", "Environmental Socialisation", "Skogsmulle", etc. - followed by real-world case studies to solve using these approaches.

- Activity Adaptations by Educational Stage and Learning Outcomes

Supported by trainers, educators work individually or in groups to apply these methodologies and take their own classes outside the classroom.

- Session Wrap-Up, Group Discussion and Feedback on the Final Project

Module 3 - Reading the Landscape: Place-Sensitive Pedagogy

- Emotional Management and Wellbeing Practice

Ongoing practical application of emotional regulation and self-care strategies.

- Replacing Lecture Notes: Sensory Ecology

Applying sensory ecology to build synergy between nature and people by discovering different scenarios within the natural world and local environment.

- Practical Workshop - Practical Laboratory Grouped by Educational Level

Presentation of session methodologies - "Place-Based Learning", "Landfullness Framework", "Storytelling", "Environmental Interpretation", etc. - followed by real-world case studies to solve using these approaches.

- Activity Adaptations by Educational Stage and Learning Outcomes

Supported by trainers, educators work individually or in groups to apply these methodologies and take their own classes outside the classroom.

- Session Wrap-Up, Group Discussion and Feedback on the Final Project.

Module 4 - Harnessing Chaos: Navigating Uncertainty and Risk

- Emotional Management and Wellbeing Practice

Ongoing practical application of emotional regulation and self-care strategies.

- Benefits of the Unpredictable

Surprise as a learning situation, and the spontaneity of the environment as a driver of valuable educational moments.

- Practical Workshop - Practical Laboratory Grouped by Educational Level

Presentation of session methodologies - "Inquiry-Based Learning", "Outdoor Adventure Education (OAE)", "Sandseter's Risk in Play Theory", "Open Inquiry with Learning Zones", etc. - followed by real-world case studies to solve using these approaches.

- Activity Adaptations by Educational Stage and Learning Outcomes

Supported by trainers, educators work individually or in groups to apply these methodologies and take their own classes outside the classroom.

- Session Wrap-Up, Group Discussion and Feedback on the Final Project.

Module 5 - The Critical Student-Leader: Critical and Social Reflexivity

- Emotional Management and Wellbeing Practice

Ongoing practical application of emotional regulation and self-care strategies.

- The Community as a Support Network

Creating inclusive logistical routines for non-conventional teaching within the complex socio-cultural, historical and individual contexts of outdoor learning.

- Practical Workshop - Practical Laboratory Grouped by Educational Level

Presentation of session methodologies - "Socio-Cultural Practices", "Service Learning", "Community Partnerships", "Critical Reflection on Worldviews", "Centre and Circle Pedagogies", etc. - followed by real-world case studies to solve using these approaches.

- Activity Adaptations by Educational Stage and Learning Outcomes

Supported by trainers, educators work individually or in groups to apply these methodologies and take their own classes outside the classroom.

- Session Wrap-Up, Group Discussion and Feedback on the Final Project.

Module 6 - Final Project, One Health Approach and Greening of Spaces

- Practical Workshop - Sensory Wonder vs Adult Mindfulness

Adapting forest bathing (shinrin-yoku) and mindfulness for children and adolescents through focused play (active soundscape listening, texture hunts, macro observation).

- Practical Workshop - One Health Approach and the Greening of Spaces

Practical strategies to bring nature into the classroom and transform tarmac playgrounds into climate and pedagogical shelters.

- Final Project

Under the guidance and support of trainers, participants continue and complete their implementation project for their respective educational institution.

- Course Wrap-Up, Group Discussion and Improvement Dialogue

Mentoring and monitoring arrangements

[Section applicability: Pre-mobility: obligatory; Post-mobility: optional]

-Activity 1: Guidance and support during the mobility preparation phase, including general information sessions, individual meetings with the participant, and assistance with completing the necessary documentation (Management team and project coordinator)

-Activity 2: Support and guidance during the mobility and the proper implementation of the partnership agreement (Management team, project coordinator, and training course agency: EVOLEARN360)

-Activity 3: Monitoring compliance with the partnership agreement via a final activity certificate (Management team, project coordinator, and training course agency: EVOLEARN360)

-Activity 4: Monitoring the application of mobility outcomes in the short, medium, and long term (Management team, project coordinator, and Erasmus+ team) through a final report and periodic reviews.

Evaluation, recognition, and return to the sending organisation

[Section applicability: Pre-mobility: obligatory; Post-mobility: optional]

EVALUATION OF LEARNING OUTCOMES

EVALUATION FORMAT AND PROCEDURES

Evaluation format:

- Report structured as a final summary document.
- Monitoring of the implementation of results in the classroom, the educational institution, and the educational community at large.

EVALUATION CRITERIA

- 1.The learning outcomes from the mobility activity have been implemented in the classroom, the educational institution, and the educational community.
- 2.The mobility activity has been adequately disseminated within the institution and the broader educational community before, during, and after its completion.
- 3.Evidence has been provided of the implementation—within the classroom, the educational institution, and the educational community—of the learning outcomes gained from the mobility activity.
- 4.Evidence has been provided of the dissemination activities carried out regarding the mobility activity before, during, and after its implementation.
- 5.The applicable quality standards for this Erasmus+ mobility activity have been met.

RECOGNITION OF LEARNING OUTCOMES

The learning outcomes achieved will be recognized as follows:

1.Conditions for recognition:

This mobility activity will be recognized in accordance with the procedure and documentation outlined below, once the beneficiaries have fully completed the activity in compliance with the agreed conditions.

2.Recognition procedures:

Recognition of this mobility activity is based on:

- A final mobility certificate signed and stamped by the host institution.
- A certificate issued by the management of the sending educational institution and accredited by the Department of Education.
- An Europass Mobility document signed by the sending organization, as well as by the relevant validating body (the SEPIE National Agency or the Department of Education).

3.Documentation required for recognition:

A final mobility certificate signed and stamped by the host institution (upon completion of the mobility activity).

RETURN TO THE SENDING ORGANISATION

RETURN DESTINATION

[Replace with text – see user guidelines for explanation.]

RETURN CONDITIONS

[Replace with text – see user guidelines for explanation; remove if not applicable]

Additional provisions

[Section applicability: Pre-mobility: optional; Post-mobility: **not allowed**]

Contact information

[Section applicability: Pre-mobility: obligatory;
Post-mobility: **not allowed**]

PARTICIPANT

FULL NAME	EMAIL	PHONE NUMBER
Replace with text	Replace with text	Replace with number

PARENTS / LEGAL GUARDIANS

PARENT / LEGAL GUARDIAN 1	EMAIL	PHONE NUMBER
Replace with text	Replace with text	Replace with number
PARENT / LEGAL GUARDIAN 2	EMAIL	PHONE NUMBER
Replace with text	Replace with text	Replace with number

RESPONSIBLE PERSONS AT THE SENDING ORGANISATION

MENTOR	JOB TITLE	EMAIL	PHONE NUMBER
Replace with text	Replace with text	Replace with text	Replace with number
ADMINISTRATIVE CONTACT	JOB TITLE	EMAIL	PHONE NUMBER
Replace with text	Replace with text	Replace with text	Replace with number
EMERGENCY CONTACT	JOB TITLE	EMAIL	PHONE NUMBER
Replace with text	Replace with text	Replace with text	Replace with number

RESPONSIBLE PERSONS AT THE HOST ORGANISATION

MENTOR	JOB TITLE	EMAIL	PHONE NUMBER
NICOLÁS PARRA ROJAS	ERASMUS + EVOLEARN360 COORDINATOR	erasmus@evolearn360.com	+34 623590498
ADMINISTRATIVE CONTACT	JOB TITLE	EMAIL	PHONE NUMBER
NICOLÁS PARRA ROJAS	ERASMUS + EVOLEARN360 COORDINATOR	erasmus@evolearn360.com	+34 623590498
EMERGENCY CONTACT	JOB TITLE	EMAIL	PHONE NUMBER
NICOLÁS PARRA ROJAS	ERASMUS + EVOLEARN360 COORDINATOR	erasmus@evolearn360.com	+34 623590498

ACCOMPANYING PERSONS

ACCOMPANYING PERSON 1	JOB TITLE	EMAIL	PHONE NUMBER
Replace with text	Replace with text	Replace with text	Replace with number
PERIOD OF STAY	[DD/MM/YYYY] – [DD/MM/YYYY]		
ACCOMPANYING PERSON 2	JOB TITLE	EMAIL	PHONE NUMBER

Replace with text

PERIOD OF STAY

Replace with
text

[DD/MM/YYYY] – [DD/MM/YYYY]

Replace with text

Replace with
number

[Signatures applicability:

Pre-mobility: signatures of sending organisation, hosting organisation, and participant (and parent/guardian for minors) are obligatory.

Post-mobility: signature of either sending organisation or hosting organisation is obligatory. Other signatures are optional.]

[This text is applicable only at post-mobility stage] The undersigned organisation(s) certify the validity and accuracy of the information contained in this document.

SENDING ORGANISATION

Replace with text

RESPONSIBLE PERSON

Replace with text

ADDRESS

Replace with text

DATE

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SIGNATURE

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HOSTING ORGANISATION

EVOLARN360

ADDRESS

CALLE JESÚS MARÍN LÓPEZ, S/N,
3500, MOLINA DE SEGURA, MURCIA,
ESPAÑA.



DATE

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SIGNATURE


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RESPONSIBLE PERSON

NICOLÁS PARRA ROJAS

PARTICIPANT

Replace with text

DATE

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SIGNATURE

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PARENT / LEGAL GUARDIAN

Replace with text

DATE

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SIGNATURE

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